

## 200 Freestly Relay All Region Seed Times

Rk	Team	Reg	Time
1	John Marshall	1	01:37.54
2	University	1	01:41.52
3	Morgantown	1	01:44.53
4	George Washington	4	01:46.13
5	Winfield	4	01:50.39
6	Brooke	1	01:51.05
7	Buckhannon Upshur	3	01:51.07
8	Fairmont Senior	2	01:51.28
9	Parkersburg South	1	01:51.44
10	Bridgeport	3	01:53.29
11	Elkins	3	01:53.94
12	Spring Mills	2	01:54.36
13	Parkersburg	1	01:55.24
14	Martinsburg	2	01:55.26
15	Wheeling Park	1	01:56.03
16	Charleston Catholic	3	01:56.24
17	Philip Barbour	3	01:58.02
18	Cabell Midland	4	01:58.04
19	Nitro	4	01:58.74
20	Herbert Hoover	3	01:59.64
21	Jefferson	2	02:01.35
22	Hedgesville	2	02:01.63
23	Hurricane	4	02:03.53
24	East Fairmont	2	02:03.57
25	Washington	2	02:04.04
26	Huntington	4	02:06.04
27	Spring Valley	4	02:07.20
28	Musselman	2	02:07.49
29	South Charleston	4	02:09.55
30	Buffalo	4	02:14.69
31	Hampshire	2	02:15.23
32	St. Albans	4	02:18.29
33	Weir	1	02:23.10
34	Liberty	3	02:25.00
35	Oak Glen	1	02:25.19
36	Woodrow Wilson	3	02:28.00
37	North Marion	2	02:35.62

## 200 Freestly Relay All Region Seed Times

Rk	Team	Reg	Time
1	Huntington	4	01:32.78
2	Buchannon Upshur	3	01:33.93
3	George Washington	4	01:34.11
4	Robert C Byrd	3	01:35.95
5	Parkersburg South	1	01:36.33
6	Parkersburg	1	01:36.47
7	University	1	01:37.59
8	Morgantown	1	01:39.94
9	Elkins	3	01:40.30
10	Bridgeport	3	01:40.63
11	Wheeling Park	1	01:40.72
12	Musselman	2	01:42.58
13	Grafton	3	01:42.58
14	Winfield	4	01:43.99
15	Washington	2	01:44.34
16	Brooke	1	01:44.69
17	Hedgesville	2	01:44.92
18	Nitro	4	01:45.52
19	Jefferson	2	01:46.67
20	Spring Valley	4	01:47.44
21	Charleston Catholic	3	01:48.35
22	Spring Mills	2	01:48.54
23	East Fairmont	2	01:49.16
24	Fairmont Senior	2	01:49.42
25	Cabell Midland	4	01:50.90
26	Capitol	3	01:52.85
27	Oak Glen	1	01:53.07
28	South Charleston	4	01:56.87
29	Martinsburg	2	02:03.20
30	Hampshire	2	02:11.02
31	PikeView	3	02:17.12
	North Marion	2	02:34.72

